

McCook 2017
All Skills & Setting/Libero Camp
with
Charlene Johnson Whitted
and Guest SVU Setter Kaipō 'Fresh' Tagaloa



THREE FULL DAYS

Core Strength Training
Master Fundamentals
Perfect Technique
Play at the End



Train with an Olympian!

All Skills & Setting/Libero

Grades 6-12, 9am-5pm

\$275

All Skills ONLY

Grades 6-12, 9am-2:30pm

\$195

Setting/Libero ONLY

Grades 6-12, 3pm-5pm

\$100

May
June

31,
1&2

*Bring Your Own Lunch, Snacks, Work-out
Clothes, Athletic Shoes and Water Bottle!*

About Charlene:

2000 OLYMPIAN
2006 National Champion Coach
2006 BYU Athletic Hall of Fame
2010 Youth OLYMPIC Coach
2010-11 Youth Nat. Team Coach
2012-13 Jr. Nat. Team Coach
2015 BYU Asst. Coach

Make Checks To:

McCook Volleyball
dtroeste@gmail.com

For More Info Visit

CJWvolleyball.com

Includes 40% Discount on Charlene's Training Video on
CoachTube